

HOW TO STUDY FOR A TEST

1. **Trust God** – As you prepare for and take a test, trust God as you work hard. He is calling you to be faithful with the time and talents you have. He wants you to do your best, and He will be present to give you peace throughout the test. Regularly pray to Him for help while studying, to steady your nerves when it is time to take the test, and to help you think clearly and do your best.
2. **Know the Test Content** – Before you begin to study, be sure you know what content is on the test. Is it a particular chapter? Is it covering multiple units? Are any sections not going to be assessed? If you are unclear, ask your teacher or a classmate.
3. **Start Early** – Studying for a test will take a few days. Start gathering your resources 3 to 4 days before the test. Make your study guide 2 to 3 days before the test. Review for 30 to 45 minutes each night leading up to the test. And do a quick review the morning of the test.
4. **Review Often** – Don't leave all studying to the night before. You will be exhausted and overwhelmed. Review a little each night 3 to 4 days before a test.

5. **Collect Resources** – Collect all notes, class work, homework, handouts, papers, and quizzes from the section that will be on your test. Be sure you have your textbook, and know the pages the test will cover. Gather all of these resources so you can easily review them.
6. **Review Study Guide** – If your teacher has handed out a study guide, be sure to thoroughly review it. This should identify all of the topics and information you need to know. But don't just study this guide. Be sure to study all of your resources.
7. **Create Study Guide** – If your teacher did not hand out a study guide, make one for yourself. It should contain all of the key units, events, people, vocabulary, and formulas that you will need to succeed on the test. Condense this information into one or two pages and use this as your study guide.
8. **Review Resources** – Review your class notes and any handouts you have received throughout the unit. Review your classwork and homework assignments, and see if you can answer all questions correctly. Review any quizzes and all vocabulary for the unit. Re-read the textbook to make sure you know everything you need to for the test.
9. **Study with a Parent** – Have your parents ask you questions from previous assignments and quizzes. They can help you review vocabulary and give you practice problems to complete.
10. **Study with a Classmate** – Sometimes it is helpful to review with a classmate. Be sure the time is spent wisely, and quiz each other.

11. **Get a Good Night Sleep** – Be sure to get a full night of sleep before the test. Your brain will not function well without the appropriate amount of rest.
12. **Eat Well** – Be sure to eat well every day, but especially on the morning of a big test. Avoid junk food and lots of caffeine.

***This document was developed by the faculty and leadership of [Saint Simons Christian School](#). Feel free to copy it, distribute it, or link to it on your website. To God be the glory!